

WEDNESDAY, SEPTEMBER 27, 2023

Healdsburg at St Vincent/Elsie Allen

WEDNESDAY, OCTOBER 4, 2023

Analy at St. Vincent/Elsie Allen

WEDNESDAY, OCTOBER 11, 2023

Elsie Allen/St. Vincent at Cardinal Newman

WEDNESDAY, OCTOBER 18, 2023

Elsie Allen/St. Vincent at Rancho Cotate

WEDNESDAY, OCTOBER 25, 2023

Elsie Allen/St. Vincent at Ukiah

WEEK OF NOVEMBER 6, 2023

NBL Championship Meet

Saturday, November 18, 2023

NCS Meet of Champions: at Hayward HS

Saturday, November 25, 2023

CIF Cross Country Championships: , Woodward Park, Fresno