



ST. VINCENT DE PAUL COLLEGE PREP

SOPHOMORE YEAR COLLEGE PLANNING CHECKLIST

ACADEMICS & CURRICULUM

- Focus on doing well in your classes. Your transcript is the most important factor in college admissions.
- Continue learning and practice time management and study skills.
- Set goals for your Sophomore year. Do you have a challenging class schedule?
- At the end of Sophomore year, sign up for Junior year courses keeping in mind that you will want to challenge yourself with tougher courses. It will pay off in the long run, not only by making you smarter, but also by impressing colleges and helping you earn scholarships. However, do not overload your schedule.

Fall Dates

10/13 - How to Pay for College Night for parents

10/15 – PSAT Testing

EXTRACURRICULAR ACTIVITIES

- Continue extracurricular activities; clubs, activities and sports that you enjoy. Admission officers look at students' extracurricular activities when considering them for admission.
- Student athletes interested in playing Division I or II sports should register with the [NCAA Eligibility Center](#). Learn about recruiting guidelines. Make sure you are meeting all eligibility requirements.
- Continue on your Community Service journey. Continue to look for your passion.

MAIA LEARNING

- Familiarize yourself with [Maia Learning](#). It is a great resource and will serve as your college and career guidance tool.
- Update your experiences in Maia Portfolio. Plan on adding to this resume as you go through your sophomore year.

COLLEGE SEARCH PROCESS

- Attend college fairs to see to how many college options are out there. Keep an eye out for emails about in person and virtual college fairs.
- If you have a chance, visit colleges over winter and spring breaks and in the summer.

Spring Dates

1/12 - Freshman & Sophomore college planning night (for parents and students)

COLLEGE ADMISSION TESTING

- Take the PSAT offered at SVHS in on **October 15**. This is administered as part of National testing day. This is a practice test designed to help you become familiar with the SAT format.
- Read, read, read! Reading is the best preparation for these tests.

BEING ORGANIZED AND BALANCED

- Continue to add to your file of important documents and notes.
- Learn to balance the demands of your academics, extracurricular interests and social life.
- Set up a system for organizing your college materials.

SUMMER BEFORE JUNIOR YEAR

- Be productive over the summer. You may consider getting a job or an internship, taking a class at SRJC or engaging in community service projects.
- Set goals for your Junior year. What activities will you continue your involvement in?
- Continue your Community Service.
- Update your resume in [Maia Learning](#). Plan on adding to this resume as you go through your Junior year.
- Have fun and do something productive!